

COMPANIONS

**GROWING
COOKING
COMPOSTING**



**AUTUMN AND WINTER
EVENTS - WORKSHOPS - MEALS
R-URBAN - TEVIOT CENTRE**

AUTUMN - WINTER '22

20 October	15:00-17:00	Autumn planting at the Teviot Centre
20 October	17:00-19:00	Kimchi and fermentation at the Teviot Centre
27 October	11:00-16:00	Drop in gardening at the Teviot Centre
12 November	11:00-16:00	Compost heating at R-Urban
17 November	15:00-17:00	Mushroom growing and fungi at R-Urban
17 November	17:00-19:00	Bangla Feast at the Teviot Centre
20 November	12:00-15:00	Somali cooking at the Teviot Centre
24 November	11:00-16:00	Drop in gardening at the Teviot Centre
03 December	11:00-16:00	Listening to the soil at R-Urban
15 December	11:00-16:00	Drop in gardening at the Teviot Centre
15 December	16:00-19:00	End of year feast at R-Urban

Workshops include free seedlings and seeds to grow at home!

Food is halal and vegetarian!

Everyone is invited and all workshops are free!



If you'd like to find out more or to join our regular garden volunteering group, contact Cameron on 07542208746 or cameron@publicworksgroup.net.

Follow us on Instagram @rurban_poplar_london

