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# INVITATION

For **The Green School 2022** - an initiative, aimed at young people aged between 18 and 35, for capacity building and promoting action on sustainable food production and consumption, environmental protection, climate change and their interconnections.

We are looking for young people who want to be part of the positive change towards quality and environmentally friendly life!

We are pleased to invite you to become part of the Green School 2022, which will start on March 12, 2022. The Green School is the first step for every one of us towards cleaner nature, healthier food and climate resilience.

The event is organized by Sofia Municipality in the implementation of the Food Wave project, and offers free practical training to raise the activity in terms of sustainable food production and consumption, climate change and environmental protection.

We will be happy to include anyone who is interested in how, through our daily choices, we can be part of the positive change towards a quality and environmentally friendly life.

## Trainings at the Green School will help you to:

- learn more about organic farming, clean food production and a balanced diet - even in urban settings
- understand how food production and consumption affect climate change
- create content that influence and attract people to a better standard of living, without harming the nature.
- be an activist for positive change for nature and climate protection.

## We are looking for you:

- aged between 18 and 35 and living in Sofia;
- you want to live better and in harmony with nature;
- you want to change public attitudes and the way policies are formed with regard to sustainable consumption and food production.

Of course, we welcome participants, who are motivated and look for new knowledge and practices. Within three months, we will go through theoretical and practical sessions with leading experts, community leaders and food producers.



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The trainings in Green School 2022 are free for all approved participants and will be held on weekends (Saturdays or Sundays).

## The training program includes:

- Thematic module - we will improve the knowledge, understanding and awareness of the links between food systems and climate change, both in Bulgaria and globally.
- Module for social communication - we will strengthen our skills and competencies to influence the opinion and attitudes for change in local communities and beyond.
- Module for policies and youth activism - we will develop institutional competence, dynamics and potential for the link between food and climate through practical networking, commitment and activism.
- Practical classes in farms for organic farming, urban gardens, zero waste restaurants, workshops and shops;

In the spring of 2022 (March-May), we will organize four Green Schools, which will train over 120 young people.

The first edition of the Green School 2022 starts on March 12, 2022, Saturday from 10:00 to 12:00. The full program is available at the following link:

[https://docs.google.com/document/d/1m6TdxJGFxZ\\_kT5t0j6S\\_8CEdVOh1zf4h/edit?usp=sharing&oid=109674316609352040890&rtpof=true&sd=true](https://docs.google.com/document/d/1m6TdxJGFxZ_kT5t0j6S_8CEdVOh1zf4h/edit?usp=sharing&oid=109674316609352040890&rtpof=true&sd=true)

The second edition of the Green School 2022 starts on March 12, 2022, Saturday from 14:00 to 16:00. The full program is available at the following link:

<https://docs.google.com/document/d/1W51bYefn588ZMKbh7bKTUTOWvurcULUh/edit?usp=sharing&oid=109674316609352040890&rtpof=true&sd=true>

The third edition of the Green School 2022 starts on March 13, 2022, Sunday from 10:00 to 12:00. The full program is available at the following link:

<https://docs.google.com/document/d/1rHiF01ertjkHuFqtZT5VaocUJKOWoFEb/edit?usp=sharing&oid=109674316609352040890&rtpof=true&sd=true>

The fourth edition of the Green School 2022 starts on March 13, 2022, Sunday from 14:00 to 16:00. The full program is available at the following link:

<https://docs.google.com/document/d/103IZnsrhh1Gf8bmrpuxmQJwbQQ0xUHB9/edit?usp=sharing&oid=109674316609352040890&rtpof=true&sd=true>

Hurry up to sign up by filling out our registration form!

**Register here no later than March 10, 2022:**

[https://docs.google.com/forms/d/e/1FAIpQLSe\\_M3wh\\_00NNASXd\\_MC\\_iRpr4mZvn3U-R2LCZmX5wMIQb-xJw/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSe_M3wh_00NNASXd_MC_iRpr4mZvn3U-R2LCZmX5wMIQb-xJw/viewform?usp=sf_link)



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Additional information can be found on the Project website: [www.foodwave.eu](http://www.foodwave.eu) or in our Facebook group: Food Wave Sofia: [www.facebook.com/groups/615590713186985/](https://www.facebook.com/groups/615590713186985/)

Do not hesitate to contact us by phone or E-mail: Stoyan Stoyanov, 0879 646 648, [stoyanov@proway.bg](mailto:stoyanov@proway.bg)

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## More about FoodWave:

**The FoodWave project "Food Wave - Empowering Young People for Climate Action"** is funded by the EU "Development Education and Awareness Raising" (DEAR) programme. The leading partner in the implementation of the project is the city of Milan. Food Wave is a project that focuses on environmental challenges and the role of young people. The main goal of the project is to increase the knowledge, awareness and engagement of young people regarding sustainable patterns of consumption and production of food to mitigate and adapt to climate change.